

PTSA General Assembly Meeting

9/25/25

Superintendent Message

Smarter Balanced Assessment Update

Dr. Jacqueline Downey, Assistant Superintendent

Smarter Balanced Assessment

- **Smarter Balanced Assessments (SBA)** are Washington's state tests in English Language Arts (ELA) and Math
- Taken in grades **3–8** and **10–11**
- Measure student progress toward **college and career readiness** standards
- Provide information for families, schools, and districts to:
 - Monitor learning
 - Identify supports needed
 - Guide school improvement planning

SBA 2025 Results: Overall Performance

- ISD students remain **among the highest performers in WA**
- **77.5%** proficient in English Language Arts
- **73.3%** proficient in Math (near the top in the state)

Equity & Growth Highlights

- **Encouraging gains** for students with disabilities, Hispanic/Latino, and Black/African American students
- **Every student group** in ISD grew at a rate above the state average
- Several schools met their **School Improvement Plan goals**

Next Steps

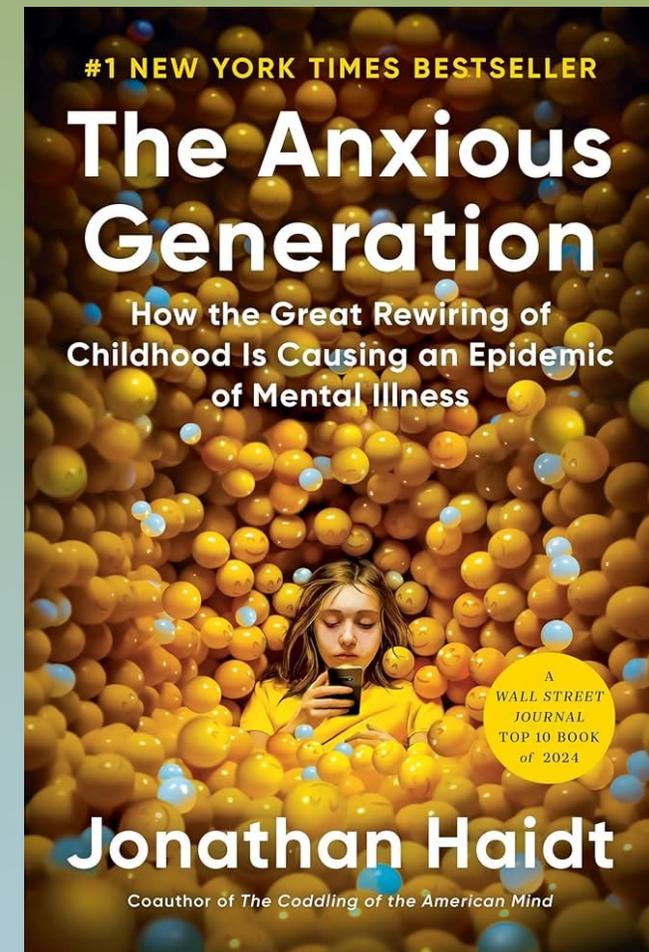
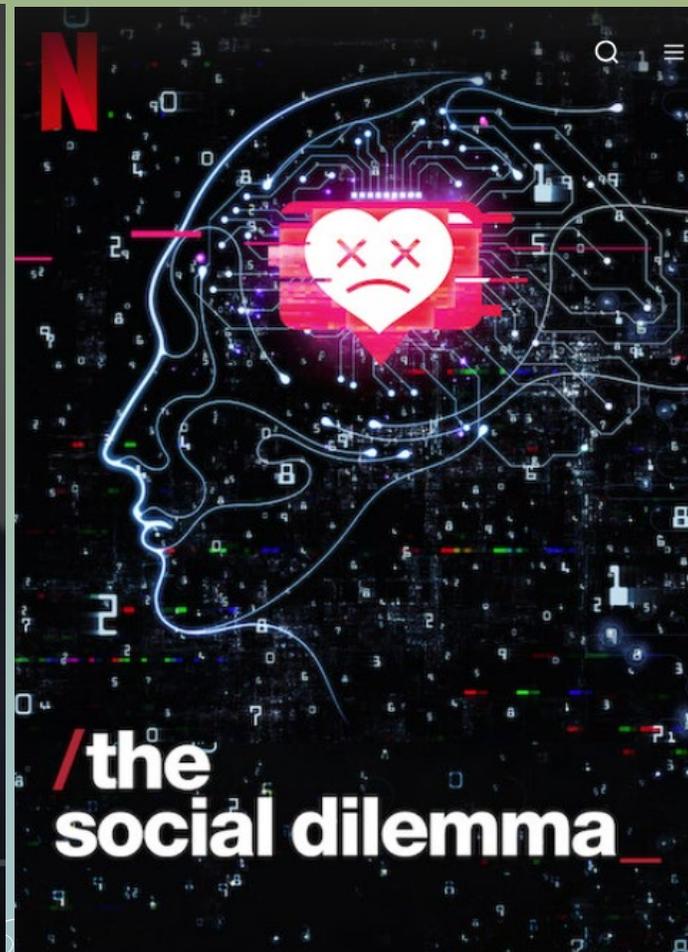
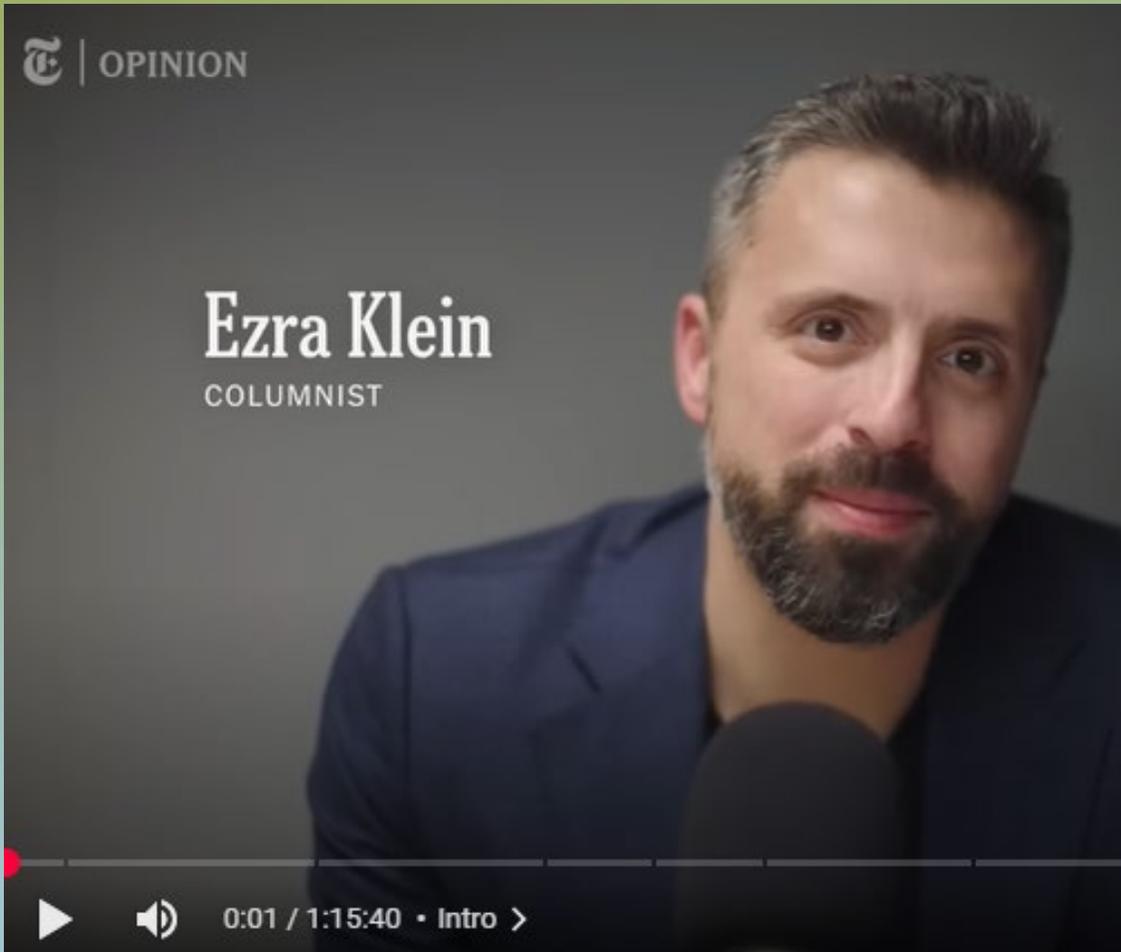
- Continue focus on **closing opportunity gaps** and maintaining excellence for all
- Deeper **school-by-school data review** to guide school improvement plan adjustments
- Deepen implementation of instructional strategies:
 - **Universal Design for Learning (UDL)**
 - **Multi-Tiered Systems of Support (MTSS)**
 - Inclusive practices
- Your child's results were emailed to you in June. They will be sent again, along with other fall assessment data, the first week of November.

Purpose:

- Introduce the latest research of the harms done to teen mental health by social media and an online social life.
- Begin the conversation regarding how we partner in this work to address the issue.



Building Background Knowledge: ISD Administrator Summer Learning



WHAT?

Latest research shows the many and significant impacts of screens and social media on various aspects of children and teen health and well-being at home, at school and into adulthood.



Daily Social Media Users (U.S. Adolescents)

Percent of high schoolers using social media "nearly every day"

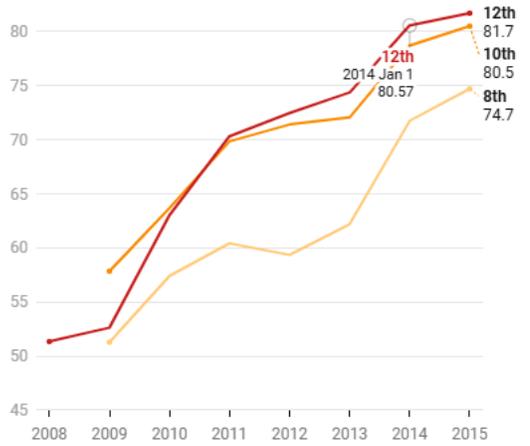


Chart: Zach Rausch • Source: [Monitoring the Future](#) • [Get the data](#) • [Embed](#) • [Download image](#) • Created with [Datawrapper](#)



And kids start spending less time with each other...

Meeting Up With Friends Every Day (U.S. 12th Graders)

Percent of High School Seniors

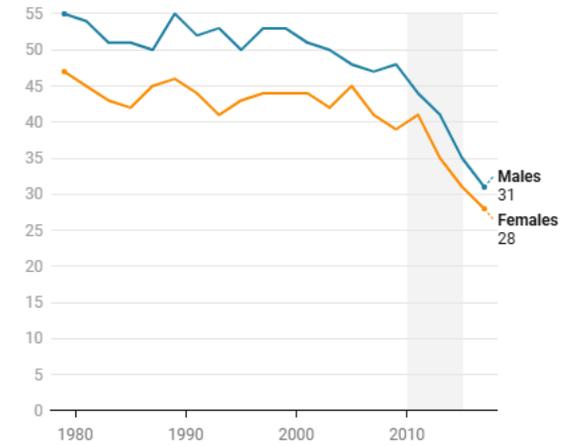


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Daily Time with Friends

Minutes per Day

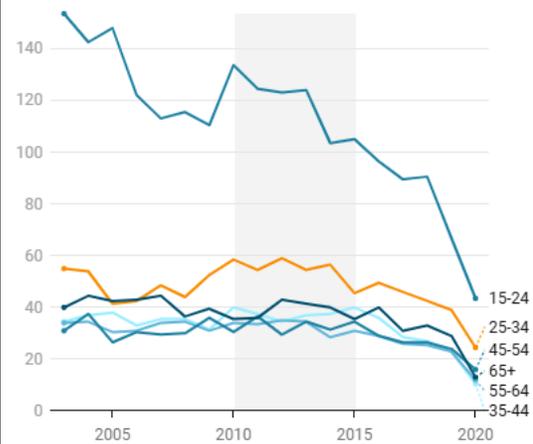
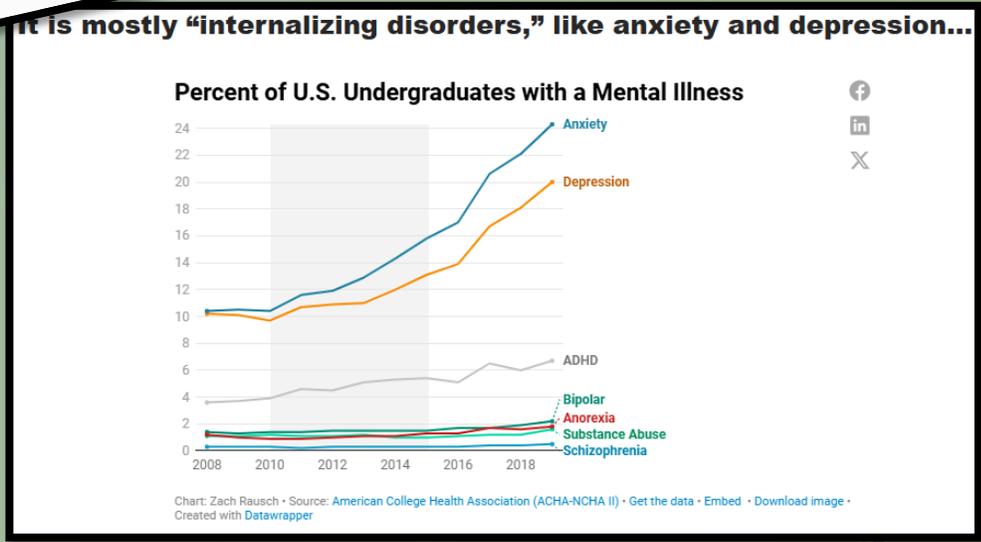
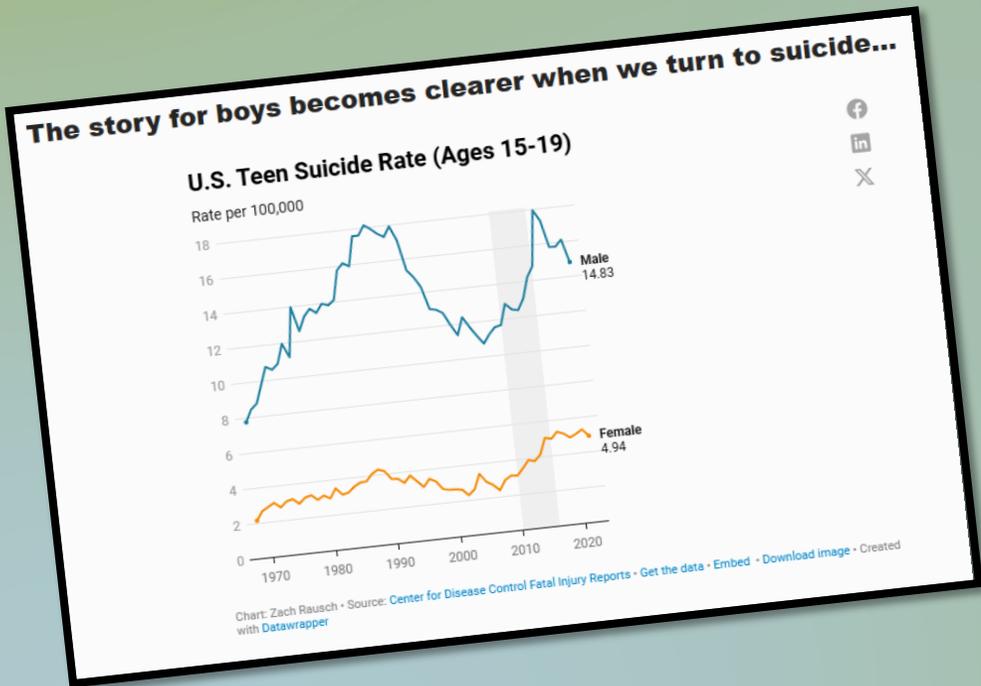
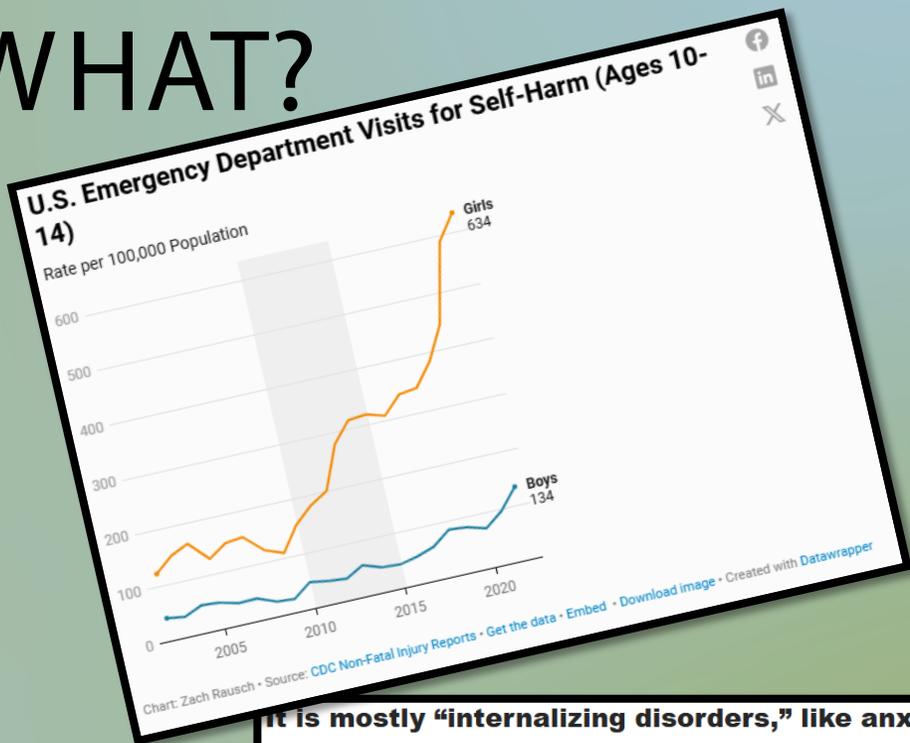
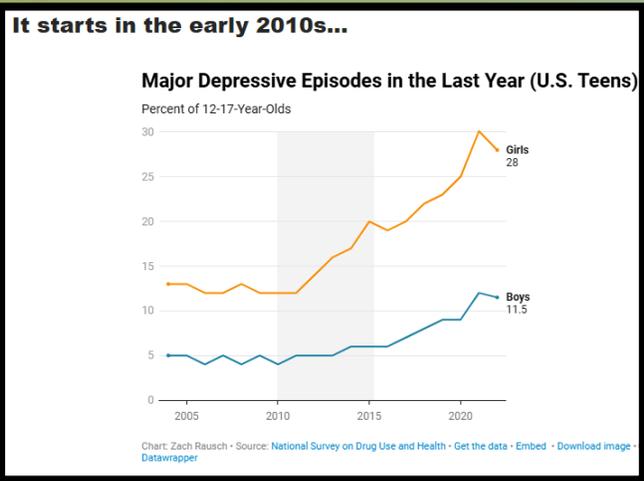


Chart: Zach Rausch • Source: [American Time Use Survey](#) • [Get the data](#) • [Embed](#) • [Download image](#) • Created with [Datawrapper](#)



SO WHAT?



Now What?

Anxious Generation Thought Starters:

Overall:

21. In what ways can we better prepare our kids to wisely navigate the virtual world?

22. In what ways can we better prepare our kids to wisely navigate the real world?

23. Would you want to grow up the way today's kids are growing up? Why or why not?
What are some benefits of growing up today? What would you want to preserve/carry forward from your own upbringing?

24. What actions can you take, on your own and with like-minded parents, to lessen your kids' time spent in the virtual world and increase their opportunities for fun and responsibility in the physical world?

Now What?

If we have shared meaning, we can develop shared action.
We believe families, parents and caregivers:

- Want to understand this research
- Want to support their child's or teen's health
- Want to partner with their student school
- Want to connect with other families
- Want to figure out a new and/or different path forward as it relates to screens & social media

Now What?



Now What? Our Commitment

Raising Resilient Kids: A Community Conversation on Screens and Wellbeing

- Details

- Zoom or Teams
- Date: TBD
- 6:00 pm – 8:00 pm

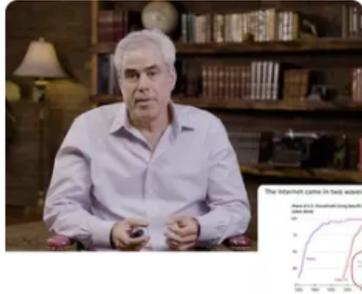
- Goals

- 1) to share research and build background knowledge
- 2) strengthen family-school relationship
- 3) provide a forum for parents and caregivers to connect on their priorities & next steps

Now What? What You Can Do

<https://www.anxiousgeneration.com/take-action/parent>

Movements belong to many. We're so grateful to you for being here. As a parent, guardian, or caregiver, you have more power than you think. The steps you take at home, in your school, and in your community make a real difference. **Here are the most important actions you can take right now:**



Watch Jon's Parent + Teacher Talk

Jon shares the research behind the book, along with inspiration and practical steps to help parents drive change.



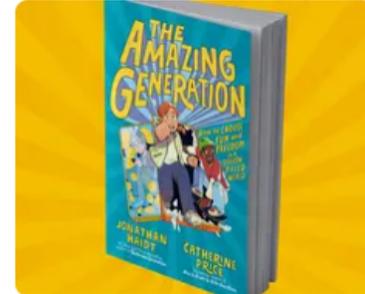
Download the TAG x Dr. Becky Toolkit

We partnered with Dr. Becky Kennedy to create this practical guide. It offers five simple strategies to set boundaries and build kids' confidence.



Talk with Other Parents

Message other parents by sending this sample email, text, or memo so you can work together and implement change now.



Preorder The Amazing Generation

Inspired by *The Anxious Generation*, this engaging handbook (with a graphic novel!) serves as a companion for kids and teens.



We want to partner with you!

Lead a book study or a conversation group at your school!

We can provide a facilitator's guide and resources to support.

Email Tammy Unruh at unruht@issaquah.wednet.edu



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