

Welcome Issaquah PTSA Council Board, Presidents, Voting Delegates and Community Partners

Agenda

Welcome (Open Meeting) 10:00

Tracie Jones

EC Reports 10:05

Treasurer
Secretary
Vice Presidents & President
SOA Report

Nikki Mason
Lauren Bartholomew
Karissa Mobilia

Standing Committees 10:20

Advocacy

Art Docents

Diversity, Equity and Inclusion (DEI)
Family and Community Engagement (FACE)
Membership
Outreach

Lauren Bartholomew &
Shannon Mayo
Laurelle Graves & Pauline
Tamblyn
Lovenia Hardin
Laura Ni & Melissa Valdez
Simran Puri
Angela Dahrea

Standing Committees cont.

ParentWiser
Reflections

Special Education
Webmaster

Hannah Bowen
Angie Warren &
Simran Puri
Betsy Grant
Laura Ni

Guest Speaker 10:45
Teaching and Learning Services Update

Rich Mellish

Ad Hoc Committees 11:15
Influence the Choice
Issaquah Schools Foundation (ISF)
Volunteers for Issaquah Schools (VIS)

Laurelle Graves
Laila Collins

New Business/Q&A 11:25

Kristi Hammond

Adjourn 11:30

Kristi Hammond

Meeting
Documents



Secretary Lauren Bartholomew

Issaquah PTSA Council Voting Delegates form

- Only one delegate per position
- You may only vote once (if you hold multiple positions you may not vote multiple times)



Issaquah PTSA Council 2.6 Voting Delegates Form

According to the Uniform Bylaws of the Washington State PTA, the membership of a Council consists of the PTA/PTSA's in its district. The voting delegates of a Council shall consist of the Council Board of Directors, the local unit Presidents and three (3) authorized delegates, two (2) of which may be represented by alternatives. PTA/PTSA's of the Issaquah PTSA Council must file names of the four (4) authorized delegates and the two (2) authorized alternatives prior to the second General Membership Meeting.

Co-Presidents should be aware that the President's position has ONE vote. The other Co-President should be listed as one if the alternate delegates. Members of the Council Board of Directors already have a vote at the Council meetings, so they should not be listed as a PTA/PTSA voting delegate.

A PTA/PTSA should not file the name of a person who is a voting delegate for another PTA/PTSA. Each person has only ONE VOTE, regardless of how many positions that person may hold in PTA/PTSA's or Council.

VOTING DELEGATES:

	Name	Position	Email
1.(President)			
2.			
3.			
4.			
1 st Alternate:			
2 nd Alternate:			

Vice Presidents

Karissa Mobilia, Kristi Hammond & Tracie Jones

OCTOBER SOA

- If you did not elect a nominating committee in September, be prepared to do this at your next membership meeting.
- Remind your members that the deadline for students to submit an entry into the Reflections Theme Search Contest is November 1.
- **Complete all board training by end of the month.** (one elected officer must attend PTA and the Law)
- **To be in good standing, at least 25 members must be entered in memberplanet by October 31.** Keep working on the membership database (memberplanet)
- **Was your PTA Incorporated in October?** If so, then your annual Corporation Renewal is due on October 31.
- Check state and national PTA sites for resources!

Art Docent

Laurelle Graves & Pauline Tamblyn



October 21, 2023

ART DOCENT *Conference*

Location: Clark Elementary
Time: 9:00 am - 4:00 pm
Sign up goes live October 1st

Free Classes in:
*Printmaking Kihn Training Clay Weaving
& so much more!*

<https://tinyurl.com/DOCENT23>



1ST FRIDAY ART LABS

Free Art Docent Classes

NOV. 3	COLORED PENCIL TECH'S
DEC. 1	PRINTMAKING 101
JAN. 5	INTRO TO METAL
FEB. 2	WATERCOLOR TECH
MAR. 1	PORTRAITS
APR. 5	FUN WITH FOAM
MAY. 3	WEAVING
JUN. 7	END OF YEAR WRAP UP

SIGNUP RELEASED MONTHLY

artdocent@issaquahptsa.org

📍 ISD Admin Office - 5150 220 Ave SE
Mt Baker Room

<https://tinyurl.com/FFAL-NOV3>

Diversity, Equity and Inclusion (DEI)

SUPPORTING DIVERSITY, EQUITY AND INCLUSION

Lovenia Hardin dei@issaquahptsa.org

D

- Diversity is representation of, and respect for, people from different backgrounds and identities—including but not limited to race, culture, religion, socio-economic status, age, geographic area, sexual orientation and gender identification, language, learning style and physical appearance.

E

- Equity provides fairness in resources, opportunities and outcomes so that all communities get what they need to be engaged and successful.

I

- Inclusion is actions, behaviors and social norms that ensure all people feel they are safe, welcomed and that they belong.

Steps To Support Your PTA/PTSA

- <https://www.pta.org/docs/default-source/files/runyourpta/2023/diversity-equity-inclusion/pta-multicultural-reference-guide.pdf> Pages 5-8
- 1. Do an initial self-assessment.
- 2. Listen to your communities and communicate effectively.
- 3. Promote meaningful family engagement.
- 4. Create community connections
- 5. Serve as an information resource for parents, families, educators and community groups.

Family and Community Engagement

Laura Ni & Melissa Valdez

- October FACE Meetings Recap
- January 19 and May 10 meeting location TBD.
[Registration form.](#)
- Each School FACE Coordinators [information sheet](#)
- [Cultural Event Sharing sheet](#)

Family and Community Engagement (FACE)

- [To Do List:](#)

- Make a plan and a calendar for the school year and connect with your Principal and Counselor for new family events for your community
- Reach out to these school resources to let them know you are a resource that can connect you with the right ISD resources.
- Cultural Ambassadors
- Principal
- Registrar and School Secretary
- School Librarian
- MLL staff teacher
- Cultural chair of events and activities
- FACE co-chairs of the Issaquah PTSA Council
- Outreach Coordinator
- Cultural and Family Partnerships of the Issaquah School District
- Cultural Bridges Program of the Issaquah Schools Foundation

Outreach

Angela Dahrea

-Donation Drives

-Holiday Gift Program



-  services available to anyone in Issaquah School District

-Clothing Drives/Clothing Closets

**Email me anytime with thoughts, questions, concerns:
outreach@issaquahpta.org**



Register now at:

www.parentwiser.org

ParentWiser is Sponsored by:



The Importance of Sleep

Lisa L. Lewis, MS

Monday

November 6, 2023
7:00 – 8:15pm

100%
Online

Live on
Zoom



Parentwiser

Hannah Bowen

Lisa L. Lewis, MS

Teenagers are overloaded and strapped for time. It's no surprise sleep takes a backseat, with far-reaching consequences. Join Lisa Lewis MS, author of *The Sleep-Deprived Teen*, to learn strategies to foster healthier sleep patterns. Lewis will share actionable advice to mitigate the effects of sleep deprivation and accompanying anxiety.

Lisa L. Lewis, MS, is a freelance journalist who covers the intersection of parenting, public health, and education. She played a key role in California's new healthy school start times law, the first of its kind in the nation. Lewis is a frequent contributor to *The Washington Post* and has written for *The New York Times*, *The Atlantic*, *TIME*, the *Los Angeles Times*, *Slate*, and *Your Teen*, among others. She's a parent to two teens, who inspire much of what she writes about.

Reflections

Angie Warren and Simran Puri

- Council deadline for online UPLOAD of artworks advancing to district judging **NOVEMBER 10**. Link to site will be sent out to chairs the first week of November.
- Council deadline for HAND-OFF of physical artworks advancing to district judging **NOVEMBER 16** at the ISD Admin Building.
- 2023-2024 Council Reflections Reception & Art Gallery **January 25, 2024 6:30- 8:00 pm** in IHS Commons.



The poster features a light yellow background with a sun, a cloud, and a row of colorful flowers at the bottom. Each flower contains a different icon representing an art form: a video camera, a musical note, a camera, a paint palette, a pencil, and a person running. The text is in a mix of blue and red colors.


NATIONAL PTA®
REFLECTIONS®

2023-2024
**CALL FOR
ENTRIES!**

**I am
Hopeful
Because...**

**Explore the arts and
express yourself!**

Learn more and get involved!
PTA.org/Reflections

Website

Laura Ni

- Issaquah PTSA Council Instagram:
@issaquahptsacouncil
- Any questions or updates needed for website, please email webmaster@issaquahptsa.org.

Influence The Choice

Laurelle Graves
laurelle@influencethechoice.org



Benefits:

- Training
- T-Shirt
- Volunteer Hours

We are looking for volunteers to facilitate our Power of Me Power of We event on Nov 4. Training, facilitated by Nigel Wrangham (Nationally Recognized Youth Leadership Trainer). Receive amazing leadership training and make a difference in your community!

Questions?
laurelle@influencethechoice.org

LOOKING FOR HIGH SCHOOL VOLUNTEERS



Dates and Times:

October 28, 2023
9:00 am - 12:00 pm
Zoom Training

November 4, 2023
10:00 - 3:00 pm
Pacific Cascade Middle School

<https://tinyurl.com/HelpPow>

For More Information
influencethechoice.com



Healthy Youth Healthy Community
nfluence the Choice

Power of Me Power of We

Nov. 4, 2023

CALLING ALL MIDDLE SCHOOL STUDENTS!

Youth Leadership Event

Cost: FREE, lunch included!

This inspirational training, facilitated by Nigel Wrangham (Nationally Recognized Youth Leadership Trainer) and led by our student leaders of TECH (Teens Encouraging Community Health), will provide youth valuable problem-solving skills, and empower them to become change-makers in the areas of substance abuse prevention and mental health promotion. Participants can also earn volunteer hours for attending.

Info:

- <https://tinyurl.com/POMPOW23>
- www.influencethechoice.org
- Pacific Cascade Middle School
10:00 am - 3:00 pm

Issaquah Schools Foundation

Monster Mash 5K – 10/28 - only a few more spots are open!

Teacher Grants are open! Deadline to apply is 11/27 @ midnight. Encourage staff at your school to bring us their innovative ideas.

Step up For Kids campaign is still going until the end of October. Please donate if you can!

Cultural Bridges Issue 25 is Available **online** now! To read or download our Cultural Bridges Magazine in Arabic (عربي), Chinese (中文), English, Spanish (Español), Japanese (日本語), Korean (한국어), Russian (русский), or Vietnamese (Tiếng Việt), please visit: <https://isfdn.org/cultural-bridges-magazine/>.

Save the Date! Nourish Every Mind Student Showcase – March 28, 2024

Questions? Please free to reach out! L.collins@isfdn.org or 206-696-2365



New Business/ Q&A