



April 21, 2021 | 7:00-8:15pm | Zoom Webinar

Your Turn: How to Be an Adult

Julie Lythcott-Haims



What does it mean to become an adult? How can parents support them in journey? Julie Lythcott-Haims is returning for a second webinar to share her new book. Julie offers compassion, personal experience, and practical strategies for living a more authentic adulthood, as well as inspiration from individuals who have successfully launched their adult lives. Being an adult is a process – where you become more comfortable with uncertainty and gain the knowhow to keep going. Invite your high school student to join us and Julie for the opportunity to consider the road ahead.

Register online at www.parentwiser.org

Free for PTSA members of Issaquah schools, Non-members \$10 suggested donation

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