



Share What You Can!

Join your neighbors and friends to help fill our local food bank shelves, and feed your neighbors in need.

ITEMS MOST NEEDED

- Jelly
- Peanut butter
- Canned fruit
- 100% fruit juice
- Cereal
- Canned stew
- Canned vegetables
- Canned meat & tuna
- Nutrition shakes (Ensure, Boost, etc)
- Shelf-stable milk
- Canned spaghetti sauce
- Chili
- Canned soup
- Flour / sugar
- Salt
- Vegetable oil
- Diapers size 4-6
- Dried beans
- Rice
- Ethnic food
- Toiletries (shampoo, soap, cleaning products, toilet paper)



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