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**Screenagers:**

**Growing Up in the Digital Age**



**ISSAQUAH PTSA COUNCIL 2.6**

Issaquah High School PTSA

**Dates:**

Thursday, May 5th, 2016

7:00pm

**Location:**

Issaquah High School

Theater

700 2nd Ave SE

Issaquah WA 98027

**Cost:**

Free

*proudly sponsored by*

Reisha Holton, One on One College Essays

Dr. Maria Elena Lara, Ph.D,Clinical Psychologist

Kara Neary, Educated Choices College and Career Counseling

Kirsten O’Malley, Pacific Learning Academy

Dr. Bizzy Riley, Naturopathic Physician

*IHS PTSA and*

*Issaquah PTSA Council 2.6*

*PARENT EDucation*

**About the Film**

[**SCREENAGERS**](http://www.screenagersmovie.com/)

Are you watching kids scroll through life, with their rapid-fire thumbs and a six-second attention span? Physician and filmmaker Delaney Ruston saw that with her own kids and learned that the average kid spends 6.5 hours a day looking at screens. She wondered about the impact of all this time and about the friction occurring in homes and schools around negotiating screen time—friction she knew all too well.

In SCREENAGERS, as with her award-winning documentaries on mental health, Delaney takes a deeply personal approach as she probes into the vulnerable corners of family life, including her own, to explore struggles over social media, video games, academics and internet addiction. Through poignant, and unexpectedly funny stories, along with surprising insights from authors, psychologists, and brain scientists, SCREENAGERS reveals how tech time impacts kids’ development and offers solutions on how adults can empower kids to best navigate the digital world and find balance.

*For more information about this event, please contact* [*parent-ed@issaquahptsa.org*](mailto:parent-ed@issaquahptsa.org)

