

# Teaching Parenting the Positive Discipline Way

For parent educators, counselors, and parents

May 1 (6:30-8:30 pm), May 2 and 3 (8:30 am-4:30 pm)

Sponsored by the Positive Discipline Association, [www.posdis.org](http://www.posdis.org)  
and by the Puget Sound Adlerian Society [www.pasadler.org](http://www.pasadler.org)

Positive Discipline focuses on *Discipline that Teaches*.

1. It helps children feel they belong and are significant.
2. It teaches and models mutual respect and encouragement.
3. It is effective long term and considers what the child is thinking, feeling, deciding, and learning.
4. It teaches important social and life skills: respect, concern for others, problem solving, and cooperation, as well as the skills to contribute to the home, school, or larger community.

*"It is so helpful - effective - powerful. Great tools!" M.F., workshop participant.*

Participants will:

- Learn research-based, effective tools and techniques for teaching parents how to use discipline that is kind and firm at the same time, neither punitive nor permissive.
- Learn how to facilitate a parenting class as a non-expert.
- Learn how to work with and teach parents who love their children but have few tools and resources to parent effectively for today's world.
- Gain practice with experiential exercises that help parents go beyond intellectual understanding to be able to respond in empowering ways with their children.
- How to use materials in group settings (parenting classes) and in individual work with families.
- Have a set of resource materials for future reference.

*"Great practical information that can be implemented right away." D.V.M., workshop participant.*

Cost: \$330 Includes \$93 of materials. (\$295 if register 1 month in advance)

Location: Thursday PM: TBD, Friday: Central Area Senior Center

**Credit/CEUs:** Available through Seattle Pacific University. Small separate fee is charged.

Facilitators: Jody McVittie, M.D. and Melanie Miller, Certified Positive Discipline Associates

Questions: Call or e-mail Jody, 425-530 1289 or [jmccvittie@att.net](mailto:jmccvittie@att.net)

*"The best use of time of any workshop I've attended!! Thank you!" M.H., workshop participant.*

TO REGISTER: Call Positive Discipline Association, 1-866-POS-DISC (1-866-767-3472), or fax or e-mail the registration form, or sign up online at [www.posdis.org](http://www.posdis.org).

*"The activities were priceless. Much better than being lectured at. So much more powerful. It changed the way I understand and relate to people. Thank you." W.E., workshop participant.*

# Positive Discipline Association Workshop Registration Form

Name of Workshop (Please check one)

\_\_\_ Teaching Parenting the Positive Discipline Way

\_\_\_ Positive Discipline in the Classroom

Date of Workshop \_\_\_\_\_ Location of Workshop \_\_\_\_\_

Name \_\_\_\_\_ Name for name tag: \_\_\_\_\_

Street address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell phone \_\_\_\_\_

Email address, home \_\_\_\_\_ Email address, work \_\_\_\_\_

## Payment Information:

Regular fee: \$330; Early registration, \$295 (registration received and *paid* 30 days in advance)

\_\_\_ Sending check (payable to Positive Discipline Association) for \$ \_\_\_\_\_

\_\_\_ Sending Purchase Order number for \$ \_\_\_\_\_

\_\_\_ Visa/ MC# \_\_\_\_\_ exp. \_\_\_\_\_ / \_\_\_\_\_

I authorize Positive Discipline Association to charge my credit card \$ \_\_\_\_\_ for the above course registration

Signature: \_\_\_\_\_

Date \_\_\_\_\_

Cancellation Policy: Full refund is given if cancellation occurs one month or more before workshop. No refunds if cancellation is less than 4 weeks before workshop, though the participant may reschedule for another workshop.

**PLEASE REGISTER EARLY.** Occasionally, we have had to cancel classes only to find that they would have filled with the registrations that arrived late. The decision to cancel a workshop because of low enrollment is made two weeks before the date of the workshop. **PLEASE BE CAREFUL ABOUT YOUR TRAVEL PLANS UNTIL THEN.**

For more information or questions, please call 1-866-POS-DISC (1-866-767-3472)  
You may also fax this form to Positive Discipline Association at the same number (above)

OR register on line at [www.posdis.org](http://www.posdis.org)

Or , Mail it with your check to Positive Discipline Association  
c/o Marianne Pinner, 9417 Remuda Path, San Antonio, TX 78254